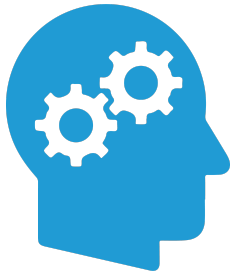




# Top Health Priorities

Williamson County, TX



## Mental Health and Well-Being

Focus on building resilience by improving mental health for children and youth and mitigating the impact of the COVID-19 pandemic

“A lot of hospitals forget that if a parent has a child in a [mental health] crisis, that parent is in crisis too. They forget that they need to help the family navigate and advocate...It is not a rush-through system. Help them learn how to help their family member or their child.” – Focus Group Participant

**21.6**

hospitalizations due to poor mental health per 10,000 adults  
TX: 36.1

**43.8**

hospitalizations due to poor mental health per 10,000 children  
TX: 45

**3.7**

poor mental health days in the past 30 days  
TX: 3.8

**12.7**

deaths by suicide per 100,000 people  
TX: 13.4

- Males: 20.1
- Females: 5.9

**830**

residents to one mental health provider  
TX: 830

**18.6%**

of adults drink excessively  
TX: 19%

