



Behavioral health, Stress, and Well-being

FOCUS ON DECREASING POOR MENTAL HEALTH, STRESS, AND
SUBSTANCE ABUSE



COMMUNITY HEALTH SURVEY

Mental health and stress affect all populations in the county and were ranked the #1 and #4 health problems, respectively by residents.



#1 Health Priority in Williamson County

“ WE DON'T HAVE ANY PLACE FOR ANYONE TO GET DETOX, GO INTO RECOVERY, GET ANY HELP, OR EVEN LONG-TERM HELP. AND THERE DOES SEEM TO BE QUITE A BIT OF SUBSTANCE USE IN THIS TOWN. -COMMUNITY RESIDENT ”



HOSPITALIZATIONS DUE TO POOR MENTAL HEALTH PER 10,000 PEOPLE
TX: 41.2

24.7 DIFF ACROSS ZIP CODES IN COUNTY



SUICIDES PER 100,000 PEOPLE
TX: 12.8



POOR MENTAL HEALTH DAYS IN PAST 30 DAYS
TX: 3.4



RESIDENTS TO 1 MENTAL HEALTH PROVIDER
TX: 1,010



HOMES SOUGHT HELP FOR MENTAL HEALTH IN THE PAST SIX MONTHS



HOMES HAVE A FAMILY MEMBER DIAGNOSED WITH PSYCHOSOCIAL OR MENTAL ILLNESS



ADULTS DRINK EXCESSIVELY
TX: 19%



HOMES USE TOBACCO PRODUCTS, VAPING PENS, AND E-CIGARETTES

TX: TEXAS VALUE

COUNTY VALUE IS:
● HIGHER THAN TEXAS
● LOWER THAN TEXAS



/ HWCcoalition



HealthyWilliamsonCounty.org

